Reflections

Thursday, December 31, 2020

A favorite new year's story

It was New Year's Eve 2014. The clock had just struck midnight at a large gathering of family at my parent's house in Mankato, MN. The ball has just dropped in Time's square. We've kissed our spouses, cheered the New Year, and everyone is looking for their coats and boots anticipating a slippery and snowy landscape as we make our way home. In the confusion, I notice my father signaling me to join him in the dining room. When I arrive, I can see a look of confusion on his face. Brett says, "Can I talk to you?" I respond, "Of course, Dad, you can talk to me anytime you want. What's up?" He continues, "You have all kinds of ancestors: Dutch, Norwegian, English, Irish, a maybe little bit of French and German…and great-great-grandfather Taylor was an orphan so we haven't a clue where he came from…so how is it that you chose to embrace one part of your heritage by wearing a kilt?

I pause, smile and respond, "Dad, you named me Scot(t)."

At first there was no recognition. Then a smile crept over his face as he "got" what I was telling him.

Almost under his breath I heard, "I did, didn't I."

Free meditations tally

I was curious about how many people we've touched with our free meditations. So, I took some time and did the math on the 25 videos posted on our website.

276,619 people have clicked on our videos.

Last new one we've posted was August 21.

We are leaning into our vision of the global awakening of human consciousness.

Happy New Year, Everyone!

May your 2021 be blessed with friends, family, pets and the grace of new beginnings.

Thank you all for your contributions to Monroe during a most unusual year.

Your love for the Institute, our participants and the work you did this year was extraordinary. Thank You.

Virtual hugs to you.

See you next year.

Scott